



HMS St. Mathew Cup
Sunday 3rd September 2023

Royal Corinthian Yacht Club (RCYC)
Burnham on Crouch, Essex, CM0 8AX

SAILING INSTRUCTIONS

1 RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing.
- 1.2 No national prescriptions will apply.
- 1.3 Crouch Harbour Authority byelaws will apply.
- 1.4 If there is a conflict between languages the English text will take precedence.
- 1.5 Competitors automatically grant to the organising authority without payment the rights in perpetuity to make, use and show any motion pictures, still pictures and live taped or filmed television of, or relating to, this event.
- 1.6 Competitors should note the RCYC implements the RYA Racing Charter and they will be required to sail in compliance with the Charter.
- 1.7 Clubs shall supply each team boat with a coloured flag or ribbon to be flown from the backstay whilst racing. RCYC Blue, RBYC Red, BSC Green and CSC White.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board, at WWW.RCYC.CO.UK

3 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0900 on the day it will take effect.

- 3.1 Oral Changes will be announced by VHF only. The RCYC club line will indicate any oral changes by displaying Flag L, in these circumstances all competitors shall make radio contact if not heard and understood.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the RCYC Race box.

5 SCHEDULE

- 5.1 Registration: Sunday 3rd September 2023
From 09.30 to 10.15.

Each club shall supply a team list including competitor names and sail numbers by Saturday 27th August, this list needs to be confirmed at registration that competitors and sail numbers are correct.

5.2 Briefing will take place in the RCYC Clubhouse at 10h30 on Sunday 3rd September 2023

5.3 Dates of racing:

Date	Class	Start	Warning signal
3 rd September	Race	RCYC	11:25

5.4 Number of races: 1

5 CLASS FLAGS

Class flags will be:

Class Flag A

7 RACING AREAS

Rivers Crouch and Roach.

8 THE COURSES

8.1 As selected from the RCYC 2023 course card.

8.2 The courses are the courses shown on the course cards

8.3 When starting from the RCYC Line the course to be sailed will be the course shown on the Course Card corresponding to the letter or letters displayed on the front of the RCYC racebox by the race warning signal.

8.4 Whenever boats pass through the RCYC line as part of the displayed course, this line, which are defined in these SI's, will be a mark of the course.

9 AREAS THAT ARE OBSTRUCTIONS

The following areas are designated as obstructions: Breaches entrances.

10 THE START

10.1 From the RCYC line will be started by using RRS 26 with the warning signal made 5 minutes before the starting signal.

10.2 The RCYC line is a line between the race box and two posts in transit on the south shore in the approximate positions shown on the Course Cards.

11. THE FINISH

11.1 The finishing line will be the RCYC Line

11.2 SHORTENING OR ABANDONING AFTER THE START This shall be as RRS 32 with the following addition.

11.3 A vessel flying the Club Burgee, which is authorised by the race officer or race committee, may shorten the course as per RRS 32 or where Flag H is displayed at a rounding mark. The course is shortened and the race will be to the designated finishing line, having first sailed the same number of laps as the leading boat. The finishing line is to be crossed from the direction of the last mark. This changes RRS 32.

12. PENALTY SYSTEM

12.1 The penalties are as follows: Rule 44.1 apply.

13. PROTESTS AND REQUESTS FOR REDRESS

13.1 Protest forms are available from the RCYC. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

13.2 The protest time limit is 90 minutes after the last boat has finished the race, or the race committee signals no more racing today, whichever is later.

13.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the RCYC beginning at the time posted.

13.4 Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).

13.5 Breaches of sailing instructions 18, 21, 23, 24 and 25 will not be grounds for a protest by a boat. This changes rule 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides.

14. SCORING

14.1 One completed race is required. Low points system Appendix A. No handicaps are applied so each individual boat scores according to place on the water, the Cup is awarded to the team with the lowest aggregate score.

15. SAFETY REGULATIONS

15.1 Check-Out and Check-In: None.

15.2 A boat that retires from a race shall notify the race committee as soon as possible.

16 REPLACEMENT OF EQUIPMENT

16.1 Substitution of damaged or lost equipment will not be allowed unless authorised by the race committee Requests for substitution shall be made to the committee at the first reasonable opportunity.

17 EVENT ADVERTISING

Boats shall display event advertising supplied by the organizing authority.

18 OFFICIAL BOATS

Official boats will be marked as follows: RCYC burgee

19 SUPPORT BOATS

19.1 Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal for the start until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.

20 RUBBISH DISPOSAL

Rubbish may be placed aboard support or official boats.

21 RADIO COMMUNICATION

All boats shall carry VHF radio. A boat shall neither make nor receive radio transmissions while racing, with the single exception being communication with the Race Management Vessel in an emergency using VHF Ch37. This restriction on communication also applies to mobile telephones.

22 PRIZES

Prizes will be given as follows:

HMS St.Mathew Cup will be presented in the RCYC Club house as soon as practicable after racing.

23 DISCLAIMER OF LIABILITY

Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."
Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;

- c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- e) The provision of a race management team , patrol boat and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

24 INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000.00 per incident or the equivalent.

25 BOATS

Each Club shall arrange to borrow the following boats

Elite.3 persons

RCOD . 4 persons

RBOD . 4 persons

Squib 2 persons

707 5 persons

Blaze 1 person

Laser Radial 1 person

Phantom 1 person

2 members of the team must be under 25 on the day of the race.

- 25.1 The sails used will be a mainsail, jib and spinnaker loaned by the owner or the club
This loan shall not be grounds for redress, this changes RRS 60.1(b)

- 25.2 Boats that are provided for clubs/competitors, who shall not modify them or cause them to be modified in any way except that;

a) adhesive tape may be used anywhere above the water line.

b) all fittings or equipment designed to be adjusted may be adjusted.

- 25.3 All equipment provided with the boats for sailing purposes shall be in the boat whilst afloat.

- 25.4 The penalty for not complying with one of the above instructions will be disqualification from the race.

- 25.5 Competitors shall report any damage or loss of equipment, however slight, to the organising authority's representative immediately. The penalty for breaking this instruction unless the protest committee is satisfied that the competitor made a determined effort to comply, will be disqualification from the race.