



REVERSE ADVENT CALENDAR

Each day add an item to a box and after 25 days we will donate them to the Dengie food bank.

Suggested food items:

Cereal	Squash
Tinned soup	Juice boxes
Packet soups	Rice
Tinned vegetables	Porridge oats
Tinned fruit	Baked beans
Tinned desserts	Tinned spaghetti
Pasta	Salt & Pepper
Long life milk	Instant mash
Tea & coffee	Rice pudding
Hot chocolate	Crisps
Sugar	Chocolates
Tinned meat	Biscuits
Tinned fish	Sweets
Jams and spreads	Stock

Toiletries:

Toilet Rolls
Toothbrushes
Toothpaste
Shampoo & Conditioner
Soap/ Shower gel
Deodorant
Sanitary products
Face Masks

Household items:

Detergent
Softener
Cleaning Wipes
Washing up liquid



REVERSE ADVENT CALENDER

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1. Cereal
2. Jam/spread
3. Tinned vegetable
4. Shampoo/conditioner
5. Crisps
6. Fruit squash
7. Tinned soup
8. Cleaning wipes
9. Baked beans
10. Biscuits
11. Toothbrush/toothpaste
12. Tinned fruit
13. Tea/coffee/hot chocolate
14. Toilet rolls
15. Rice
16. UHT milk
17. Tinned potatoes
18. Pasta/curry sauces
19. Pack of face masks
20. Juice carton
21. Chocolates
22. Tinned tuna
23. Pasta
24. Shower gel/soap
25. Sweets